

Doctor of Nursing Practice

Lifestyle Medicine



Prerequisites

NURS 550	Advanced Pathophysiology	3
NURS 552	Advanced Pharmacology	3
NURS 555	Advanced Health Assessment	4

Nursing Core Courses

16

NURS 502	Orientation to Nursing Graduate Studies	
NURS 590	Orientation to Graduate Nursing Clinical Practicum	
NURS 687	Graduate Nursing Program Finalization	
NURS 705	DNP Seminar	
NURS 716	Epidemiology and Biostatistics for Advanced Practice	4
NURS 722	Genetics and Environment in Disease	3
NURS 812	DNP Project Development	1
NURS 822	DNP Project Progression	6
NURS 832	DNP Project Finalization	2

Emphasis in Lifestyle Medicine Courses

23

NURS 728	Introduction to Lifestyle Medicine	2
NURS 734	Health Coaching for Health Care Professionals	3
NURS 735	Lifestyle Strategies for Optimizing Psychosocial Health	2
NURS 738	Natural Adjuncts for Health and Healing	2
NURS 744	Exercise Modalities for Lifestyle Change	3
NURS 746	Nutritional Approaches to Disease Prevention and Mgmt	3
NURS 748	Lifestyle Management of Chronic Lifestyle-Related Disease	3
NURS 751	Practicum: Lifestyle Medicine	2
OR		
RELT 540	God and Human Suffering	3
RELB 548	Jesus as Healer	

Electives

5

Choose a minimum of five NURS hours (required if not taken at master's level):

NURS 512	Healthcare Technology in Advanced Practice	2
NURS 527	Theory and Research for Advanced Practice	4
NURS 535	Christian Leadership and Management	2
NURS 540	Healthcare Policy, Economics and Finance	3

Total Hours 44