

Doctor of Nursing Practice

Lifestyle Medicine



Prerequisites

NURS 550	Advanced Pathophysiology	3
NURS 552	Advanced Pharmacology	3
NURS 555	Advanced Health Assessment	4

Nursing Core Courses

21

NURS 502	Orientation to Nursing Graduate Studies	0
NURS 706	DNP Seminar	2
NURS 716	Epidemiology and Biostatistics for Advanced Practice	4
NURS 722	Genetics and Environment in Disease	3
NURS 812	DNP Project Development	1
NURS 822	DNP Project Progression	6
NURS 832	DNP Project Finalization	2
NURS 887	Graduate DNP Program Finalization	0
OR		
RELT 545	God and Human Suffering	3
RELB 548	Jesus as Healer	3

Emphasis in Lifestyle Medicine Courses

19

NURS 728	Introduction to Lifestyle Medicine	2
NURS 734	Health Coaching for Professionals	3
NURS 735	Lifestyle Strategies for Optimizing Psychosocial Health	2
NURS 742	Exercise Modalities for Health-related Fitness	2
NURS 745	Nutritional Approaches to Disease Prevention, Mgmt, & Reversal	2
NURS 748	Lifestyle Management of Chronic Lifestyle-related Disease	3
NURS 751	Practicum: Lifestyle medicine	2
NURS 753	Practicum: Culinary Medicine	1
NURS 755	ACLM Board Review	2

Electives

4

Select 4 hours of NURS Electives

Choose a minimum of six NURS hours (required if not taken at master's level):

NURS 527	Theory and Research for Advanced Practice	4
NURS 540	Healthcare Policy, Economics, and Finance	3
NURS 635	Issues in healthcare Quality, Safety, and technology	3

Total Hours 44